



**KNUT  
REISEN**

## Packing list for snowmobile tour in Russia:

- Passport with a valid visa
- Flight ticket
- Valid health insurance for abroad
- Copies of all important documents (pack them apart from the originals!)
- Cash, credit card(s)
- Backpack or soft bag with no more than 60-70 litres volume which will be fixed with ropes on the luggage rack (45 cm x 70 cm)
- Do NOT bring hard suitcases
- Extra bag for things that you do not want to take on the snowmobile tour (you will get it back after the trip)
- Optional: mobile phone
- Camera
- Enough batteries for your electric equipment (they unload much faster in the cold)
- Sunglasses and snow goggles, sun cream
- Generally warm clothes (expect temperature of anything between -25°C up to +3°C)
- 1 thick and warm woolen hat, lighter one
- If you have: bring your own balaclava (=“bank robber’s hats to wear under the helmet), otherwise we will provide them
- Woolen scarf or (if you have) facial mask (only the balaclavas actually work as well, but we recommend an additional wind protection for the face)
- Warm (functional) underwear
- Thick woolen socks to wear above the first layer (2 pair), warm skiing socks
- Gloves: 1 pair of warm alpine skiing gloves, 1 pair of lighter (fleece) gloves
- Warm winter jacket, preferably a duvet jacket to wear above our overall (with a hood that closes well)
- A thinner jacket, preferably a thin duvet jacket / or duvet pullover that can be worn beneath our overalls
- A thick (fleece) pullover or jacket, preferably with a high collar or a hood
- Track pants made of thick fleece or a very warm longjohns
- Comfortable track pants for staying in our huts and guest houses
- Boots for travelling and for the city (expect some snow and/or mud), bathing shoes for sauna, house shoes for inside



- 1 towel for sauna (towels are provided in our guesthouses and huts, but we recommend to bring one of your own)
- Fat cream (without any humidity) for your face helps against the cold
- Personal sanitary products
- Some basic first aid products (personal medicine, pills against headaches, diarrhea and its opposite, plaster, bandaid, bandages, disinfection)
- Gaiters for deep snow
- A small torch
- Russia is a tea country, so coffee freaks addicts might want to bring their own coffee (instant coffee available everywhere)
- Toilet paper (always good to have a reserve)
- Biodegradable shower gel / shampoo
- Earplugs (mind the snorers)
- Maybe some games, cards...
- Travel and language guide
- Contact lenses if you need them

Do NOT use your glasses when riding the snowmobile! They will steam up and freeze immediately. Bring contact lenses or use special glasses for alpine skiing.

When packing your stuff keep in mind:

- You should bring at least 2 sets of clothes, so you can change wet or moist clothing
- Confine yourselves to the basic stuff needed on the tour
- Also it is better not to have a daypack when driving: this way it is easier to maneuver the skidoos. If you want to carry a camera then do not put more stuff in the daypack or use a small camera bag on your body

We will provide:

- A robust, lined winter overall
- A helmet with an eyepiece
- 2 balaclavas (woolen hats to wear under the helmets), 1 thinner one and 1 thick and warm one
- special warm snowmobile boots with felt inlays
- special furry mittens in case of very cold weather
- bed linen and blankets in our huts and guesthouses (also included on train rides)
- one towel per person in our huts
- 3 meals per day on days 1-5, breakfast and lunch on day 6
- Cups, cutlery, dishes, thermos and cooking equipment for the whole group